



NEW CANADIANS HEALTH CENTRE

Newsletter 2023



WORD FROM THE ED



Welcome to our first Newsletter.

What an incredible 2 years and 4 months have been since the NCHC opened its doors, we are turning dreams into reality!

I am filled with immense gratitude for the incredible journey we have shared together. It has been tremendous team work, we have made it through multiple changes and limitations and have come out stronger for it. Working alongside each of you has been a profound experience, and I am truly inspired by the compassion, expertise, and love that radiates through our collective dedication to the wellbeing of our patients.

To our new Canadians patients, thank you for trusting us.

Your unwavering commitment to the mission, vision and principles of the NCHC has not only enriched the lives of those we serve, I am humbled by the remarkable impact we have made together.

At the NCHC, we wish you a restful holiday with your loved ones, we are excited and looking forward to a successful 2024.

Feliz Navidad!

Astrid Velasquez
Executive Director



MEET OUR STAFF:

I'm Idil Jama, a first-generation Canadian dedicated to making a difference at the New Canadians Health Centre, where I work closely with refugees. My heart is in helping people from various cultures, drawing on my fluency in both English and Somali to foster understanding and support. Beyond the rewarding work, I'm a bit of a homebody. I find solace in reading, watching documentaries, listening to podcasts, and taking walks. It's not just a job for me; it's a personal journey of connection, learning, and creating a welcoming space for everyone I encounter.

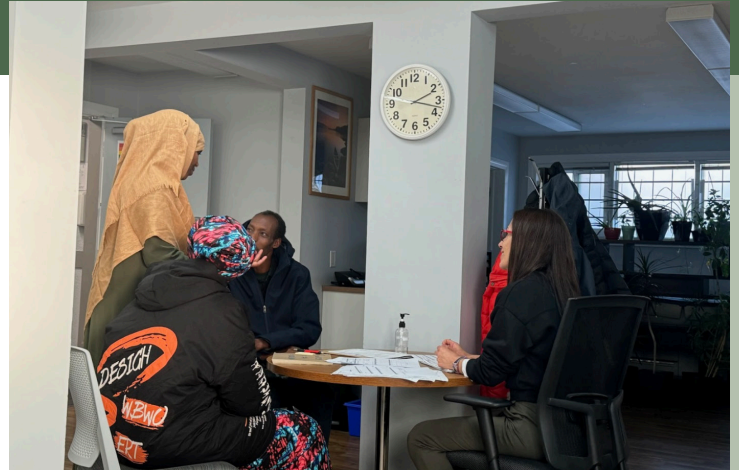
Idil Jama
Medical Office Assistant

MEET OUR PARTNERS:

Catholic Social Services is our partner in our journey from the beginning. The NCHC is grateful to CSS for supporting and standing with us in our mission to work together for the well-being of the New Canadians. They are continuously helping the new Canadians in their settlement process in Canada.



Sign of
Hope!



Soledad Gonzalez (RHP) during their meeting with new arrivals

SEASONS GREETINGS:

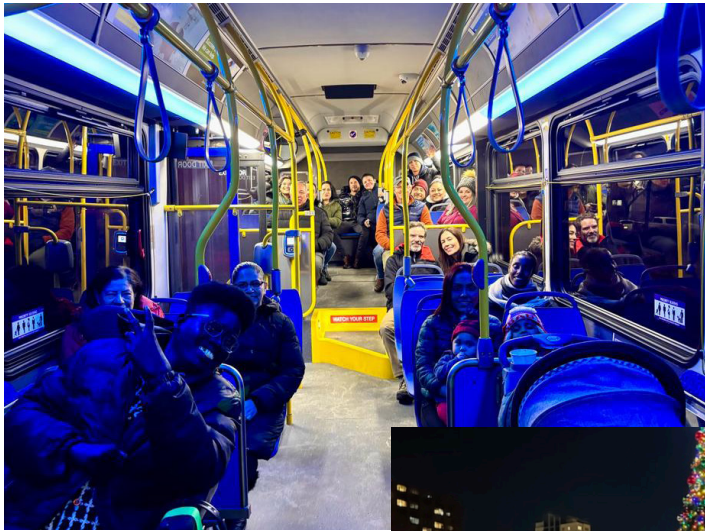
The New Canadians Health Centre wishes you all a holiday season filled full of cheer and good health and a new year filled with prosperity, joy and success!



Staff and volunteers sharing holiday traditions with new Canadians

LIGHT TOUR FROM ETS:

A light tour was arranged for the NCHC staff members, volunteers, patients, families with the ETS on Friday, Dec 15th, 2023. We started our tour with a small meetup. This tour was to experience the beauty of the Legislative building and the lights at Candy Cane Lane. This was an amazing experience to enjoy with our family this holiday season.



FRIENDS OF THE UNIVERSITY OF ALBERTA PRESENTATION

In November, 2023, Astrid Velasquez from the NCHC and Rebecca Gokiert and Madeleine Kruth from the Research and Evaluation committee had a chance to be a part of an exhibit at the University of Alberta program “Friends of the University of Alberta”. This was a great time to showcase the great work done by both the partners to advocate for refugees health in Edmonton.



Madeleine Kruth, Astrid Velasquez, Rebecca Gokiert at Friends of the UoA exhibit

HOLIDAY GATHERING AT THE NCHC - DEC 19TH, 2023



The NCHC celebrated her third Annual Holiday party with staff, partners, stakeholders, students, volunteers and Board members.



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Please check our website for the latest updates under: About Us / Announcements

